



CALIFORNIA FIELD SCHOOL

CALIFORNIA'S CHANGING COAST 2020

**SIGN
UP
TODAY!**



SESSION ONE
JUNE 28 TO JULY 3
SESSION TWO
JULY 12 TO JULY 17
Trips begin and end in
Oakland, at Jack
London Square.



TRAVELING BY BICYCLE, we move at a more human pace, navigating the world as deeply engaged travelers.



TRAVELING IN COMMUNITY, we explore together the deep questions that face us now - how do we, as individuals, find our way into being part of the solution?



TRAVELING ON INDIGENOUS LAND, we recognize the ways that colonization has impacted native people and how people have shaped the landscape of California.



VISIT US AT: WWW.CALIFORNIAFIELDSCHOOL.ORG

ABOUT

This summer, join the California Field School for a six day bike touring camp exploring 150 miles of breathtaking Northern California Coast.

On the trip we'll learn about the communities and environmental factors that have shaped the coast as we experience it today, as well as current efforts to resist environmental destruction, build sustainable alternatives, and rebuild cultural heritage.

All our trips are open to high school students from rising 9th graders to graduating seniors, and are led by experienced bicycle educators, and we provide bikes, camping gear, and a support and gear (SAG) vehicle so that even newer cyclists can participate in our trips.

ITINERARY

Day 1 - Travel - We'll meet at 1pm in Oakland for a 3 hour drive to Pt. Arena. Our trip begins on Bokeyo Pomo land, and our home for the first two nights of the trip is OZ Farm, an organic off-grid farm that hosts environmental education workshops and classes.

Day 2 - Orientation - This day is an opportunity to get to know the other travelers and create the container for our journey. We'll get to know each other and create agreements for how we'll travel together. Each participant will be asked to create personal goals for the journey, which we'll support them in accomplishing along the way.

Day 3 - Pt. Arena to Salt Point State Park - A classic day of California riding, we'll pass through small towns and idyllic fishing villages on our way to one of the most biodiverse sections of coastline in California.

Day 4 - Salt Point State Park to Bodega Dunes - We'll continue cruising down the coast with a stop at Fort Ross to learn about the Russian settlers who created a chain of forts down the Pacific Coast to exploit the sea otters who frolicked in the coves.

Day 5 - Bodega Dunes to Samuel P. Taylor - Our last night of camping is among the last remnants of a once mighty redwood forest. As we enter the outskirts of the SF Bay Area, we'll talk about how urban expansion is threatening the wild places that remain and what people are doing to preserve them.

Day 6 - Over the Golden Gate Bridge to San Francisco - We'll finish our journey with a ride over the Golden Gate and into San Francisco. A graduation ceremony at Jack London Square will conclude our trip.

DATES

SESSION ONE
**JUNE 28 -
JULY 3**

SESSION TWO
**JULY 12 -
JULY 17**

2020

CANCELLATION POLICY

We understand that plans change, and we encourage you to contact us so we can discuss your specific situation. As it represents an investment of time and resources into trip planning and logistics, once you are accepted into the program, the \$100 deposit is non-refundable. Refund of your camp fee varies according to the following schedule:

At least 60 days prior to camp start: 100% refund
30-60 days prior to camp start: 75% refund
3-29 days prior to camp start: 50% refund
2 or fewer days before camp start: no refunds available

Refunds are not available for loss of programming or changes to programming made to accommodate weather conditions. If programming is cancelled due to circumstances beyond the control of the California Field School, participants will receive a trip credit transferable to any future CFS trip.

EQUIPMENT

Our support and gear (SAG) vehicles and fully supported trips enable young people who are exploring the outdoors for the first time to gain confidence and strength over the course of the trip.

We provide high quality camping gear, bikes, helmets, and bike clothes for all participants so that everyone can engage in the trip from the same footing (or wheeling!). If you'd like to bring your own bike, please let us know on the application.

"I CAN DO ANYTHING!"

2019 California's Changing Coast - Bike Tour Participant

PRE-TRIP INFO SESSION & TRAINING

Approximately a month before each trip, participants who are based in the SF Bay Area are invited to an info session where we'll discuss trip logistics, packing, and assign students to a bicycle that is suitable for them.

Accepted participants will receive a training schedule with recommended mileage and tips and info about getting ready for a long bike tour. We highly recommend doing training rides, and loaner bikes may be available from the Field School on a case by case basis.

WHAT SETS US APART

ACCESSIBILITY

- Our support & gear (SAG) vehicles lower the physical barriers for young people who are just exploring the outdoors for the first time.
- We provide high-quality bikes, helmets, and bike clothes for all participants so that everyone can engage in the trip from the same footing (or wheeling!). If you'd like to bring your own bike, please let us know on the application.

EXPERIENCED LEADERS

- California Field School leaders are multi-talented educators, trip coordinators, and activists. We don't just take our participants from point A to point B - we explain how those two points are connected to each other and to participant's lives.
- All our leaders are passionate about connecting young people with the incredible story of California and have the skills, resources, and training to help each participant get the most out of the trip.

SMALL TRIP SIZES AND EXCELLENT LEADER RATIOS

- Our trips are limited to 12 participants to ensure that each participant has the support and resources get the most out of their journey. Our trips are always staffed by 3 experienced leaders, maintaining a minimum 1:4 leader to participant ratio.

INTERDEPENDENCE

- Tuition from this trip directly supports the CA Field School's ability to provide educational trips for young people with fewer financial resources.

"NORA, JUSTIN & THEIR TEAM MADE ELLIE'S SUMMER AN UNBELIEVABLE EXPERIENCE, WHICH ALL KIDS SHOULD HAVE!" 2018 Water, Gold and CA's History Underground - Participant Parent



PARTICIPANT EXPECTATIONS

The California Field School prioritizes the development of all participants as leaders, as problem solvers, and as mediators. There is a workshop on solving conflict and talking through differences during our orientation, and participants will have a resource guide to help navigate tough conversations. Participants will also develop group agreements at the beginning of the trip.

There are certain situations that would result in participants being asked to leave the trip. These include a participant endangering their own life or someone else's, and a participant repeatedly violating the group agreements and being unwilling to engage in conflict mediation around it.

Trip leaders have full discretion in determining whether inappropriate behavior merits removal from a trip. If a participant is asked to leave the trip, parents/guardians are responsible for picking up the participant from the current trip location at their own expense. No refunds will be given.

The following are basic expectations for all participants in California Field School trips:

1. All participants must wear a securely fastened helmet whenever they are riding a bike.
2. Each rider must have on the person or in their possession a medical card or a copy of their medical insurance information on them at all times.
3. There are certain situations that would result in participants being asked to leave the trip. These include a participant endangering their own life or someone else's, and a participant repeatedly violating the group agreements and being unwilling to engage in conflict mediation around it. Trip leaders have full discretion in determining whether inappropriate behavior merits removal from a trip.
4. If a participant is asked to leave the trip, parents/guardians are responsible for picking up the participant from the current trip location at their own expense. No refunds will be given.
5. Riders are not permitted to deviate from the designated daily routes or activities without specific advance permission from the ride leaders.
6. The use of drugs and alcohol is strictly prohibited. Use of prohibited substances is grounds for terminating participation in the trip.
7. Attendance at the pre-trip orientation is mandatory for all participants unless a waiver is given by trip organizers.

FAQ

FREQUENTLY ASKED QUESTIONS

WHAT IF I'M NOT AN EXPERIENCED CYCLIST?

This trip is designed to be accessible to people of a wide range of ages and abilities, so you definitely do NOT need to be an experienced cyclist. If you're in good health and you know how to pedal, you can participate. There will be a support and gear vehicle with the ride, so no one will be left behind!

WHO WILL CARRY MY STUFF?

The support and gear (SAG) vehicle will accompany the ride, and will carry all luggage and personal gear, camping equipment, a first aid kit, lunch, and any other necessary materials. The SAG will not be driving next to the cyclists during the day. Each day, there will be designated meeting places for lunch, water, or support.

DO I NEED TO HAVE MY OWN BICYCLE AND CAMPING GEAR?

No. The Field School will provide all necessary equipment for participants. If you have special requests, please let the organizers know.

WHAT IS THE ROUTE LIKE? HOW FAR WILL WE RIDE EACH DAY?

We will ride between 30 and 50 miles most days with some rest days. We'll ride on a mixture of country roads, busy city streets, highways, back roads, and bike paths.

WHERE WILL WE STAY? ARE THERE SHOWERS?

We will be tent camping in a variety of locations, from state park campgrounds to more urban campgrounds. Most, but not all of the campgrounds have showers and full bathrooms.

WILL WE BE IN CELL SERVICE THE WHOLE TIME? CAN WE LISTEN TO MUSIC?

Most of the campgrounds will have cell phone service, but there are many days where we'll be out of cell phone range for some or all of the day. Charging may be available at some campgrounds but participants should expect that they will not be able to charge their phones every day. Activities that drain battery life are discouraged.

ADVENTURE LEARNING BIKE TOUR CAMPS

CALIFORNIA FIELD SCHOOL

ADVENTURE LEARNING TRIPS FOR YOUTH EXPLORING ENVIRONMENTAL & SOCIAL JUSTICE

THANK



YOU!

HOW TO REGISTER

STEP ONE

Fill out the registration form on our website, <https://www.californiafieldschool.org/registration>. We ask for two references for each participant from trusted adults - teachers, coaches, counselors, mentors, pastors, etc. While you don't have to provide reference info to complete the application, we won't process the application until we've received your references. References may be submitted after you apply by emailing them to info@californiafieldschool.org.

STEP TWO

Pay the \$100 deposit. You can pay online at <https://www.californiafieldschool.org/payment>.

STEP THREE

Once we've received your application, deposit, and references, we'll be in touch within 3 business days to let you know the status of your application and tuition.

QUESTIONS?

If you have any questions please don't hesitate to email us at info@californiafieldschool.org



ADVENTURE LEARNING BIKE TOUR CAMPS